**Terms and Conditions**

**Effective Date:** February 6, 2025

Welcome to Selah Solutions, LLC. These Terms and Privacy Policy ("Agreement") govern your use of our website (the "Site") and the services provided by Selah Solutions, LLC ("Company," "we," "us," or "our"). By accessing or using our Site, you agree to comply with and be bound by this Agreement. If you disagree, please refrain from using our Site.

**1. Acceptance of Agreement:** By using this Site, you acknowledge that you have read, understood, and agree to be bound by this Agreement. We reserve the right to modify or update this Agreement at any time, and such modifications shall be effective immediately upon posting.

**2. Services Provided:** Selah Solutions, LLC provides mental health therapy services, resources, and related content through this Site. Our services are intended for informational and professional purposes only and do not constitute medical or legal advice.

**3. Eligibility:** You must be at least 18 years old or have parental/guardian consent to use our services. By using this Site, you affirm that you meet these eligibility requirements.

**4. No Emergency Services:** If you are experiencing a mental health crisis, please call 911 or visit your nearest emergency room.

**5. Privacy Policy:** We are committed to protecting your privacy. This Privacy Policy governs our collection, use, and disclosure of personal information:

* **Confidentiality:** Electronic communications may not always be secure. Use discretion when sharing personal information online.
* **No Selling of Information:** We do not sell, rent, or share your personal information with third parties for marketing purposes. Any information collected is used solely to provide our services and improve user experience.
* **Cookies and Tracking Technologies:** Our Site uses cookies and similar tracking technologies to enhance your browsing experience. By using our Site, you consent to its use of cookies. You may adjust your browser settings to refuse cookies, but doing so may affect the site's functionality.
* **Text Message Privacy:** If you opt-in to receive text messages from Selah Solutions, LLC, we may use your phone number to send appointment reminders, service updates, or other relevant communications. We do not share your phone number with third parties for marketing purposes. Standard messaging rates may apply. You may opt out of text messaging at any time by replying "STOP."

**6. Intellectual Property:** All content on this Site, including text, graphics, logos, and other materials, is the property of Selah Solutions, LLC and is protected by copyright and trademark laws. You may not reproduce, distribute, or create derivative works without our express written permission.

**7. User Conduct:** When using our Site, you agree not to:

* Use the Site for unlawful purposes;
* Transmit any harmful or malicious software;
* Harass, threaten, or impersonate any individual;
* Engage in any activity that interferes with the operation of the Site.

**8. Third-Party Links:** Our Site may contain links to third-party websites. We are not responsible for the content, policies, or practices of any third-party sites and encourage you to review their terms before engaging with them.

**9. Disclaimer of Warranties:** The information and services on this Site are provided "as is" without warranties of any kind, either express or implied. We do not guarantee that the Site will be error-free or uninterrupted.

**10. Limitation of Liability:** Selah Solutions, LLC and its affiliates shall not be liable for any direct, indirect, incidental, or consequential damages arising from the use of this Site or its services.

**11. Indemnification:** You agree to indemnify and hold harmless Selah Solutions, LLC from any claims, liabilities, or damages resulting from your violation of this Agreement.

**12. Termination:**We reserve the right to terminate or suspend access to our Site at our sole discretion, without notice, for conduct that we believe violates this Agreement.

**13. Governing Law:** This Agreement is governed by the laws of Virginia, without regard to its conflict of law principles.

**14. Contact Information:** For questions regarding this Agreement, please contact us at:

Selah Solutions, LLC  
3213 Duke Street #609. Alexandria, Virginia 22314

Hello@selahsolution.net  
(571) 354-0338

By using this Site, you acknowledge and agree to this Agreement.

Thank you for visiting Selah Solutions, LLC.